

Doubles workshop

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| Instructor | Mr. Diemo Ruhnnow (MBA, MSC, Dipl. Trainer, XPS) |
| Experience | <p>2009-2012 Head Coach Hamburg Badminton, Assistant National Coach U13/U15/U16 2012 Head Coach Juniors Badminton Austria 2013-2017 National Coach Women's Double Germany & S&C Coach Women's Team 2017-8/2021 Head National Coach Doubles Germany from 8/2021 National Coach / Expert Double Development Badminton Spain</p> <p>IOC Expert Double & S&C Development 2011-2014 Badminton Poland 2023-2024 Badminton Portugal</p> <p>Coaching Highlights 2013-2021 numerous EC ind./team winner/runner-up/bronze 2013 London Grand Prix XD Winner 2014 Canada Grand Prix XD Winner 2016 Qualification Rio Olympics WD 2016 Super Series Japan Open MS Semi-Final 2018 Swiss Open Grand Prix Gold XD Winner 2020 Denmark Open 750 XD Winner 2021 Tokyo Olympics XD MD</p> <p>For more information see www.badminton.expert</p> |
| Target | Establishing better understanding of the doubles game and presenting systematic ideas and concepts for the long-term development in doubles and mixed. |
| Composition of the workshop | 4 webinars meetings, by Zoom Each meeting consists of 60-70 min + 20-30 min for questions |
| Overview | 1) General Idea and Game Numbers: Successful game style & idea based on analytics and experience |

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| | <p>2) Systems in Attack, Midcourt and Serve/Return: Different Systems & Game-Styles and their connections & transitions</p> <p>3) Long Term Development Technical for Doubles: Technical development for doubles & overview of LTD both tactical & technical</p> <p>4) Different Possibilities in Game Analysis for Doubles: from simple to complex for a better understanding and winning more matches</p> |
| Cost | <p>1,500 euro</p> <p>The total amount will be divided by the number of participants.</p> |
| Open your Calendar | <p>Fridays, starting 13/06/2025, 09:30 am. Friday 20/6/25, 27/6/25, 11/7/25.</p> <p>Depending on the specific time, all Fridays in general open except 30.5. and 4.7. (plus maybe one Friday in June)</p> |
| Last date to subscribe | Xx/xx/xx |